HOT CIDER

CIDER MILL PTA PUBLICATION - September 30, 2018

Cider Mill School is a Community of Learners, ALL committed to being the best we can be.

Important Dates

Oct 1	Day 2
Oct 2	CM Literacy & Math Workshop, 6:30-7:30pm, Cafeteria (Same as morning session on 10/3)
Oct 3	CM Literacy & Math Workshop, 9:15-10:15am, Cafeteria (Same as evening session on 10/2)
Oct 4	CM Walkathon
Oct 8	NO SCHOOL (Columbus Day/Professional Learning Day)
Oct 9	CM PTA Meeting, 9:15-10:30am, Cafeteria
Oct 31	Halloween Parades, 8:45-9am Belden Hill/Nod Hill, 9:30-9:45 Cannondale/Kent, Bus Loop
Nov 6	NO SCHOOL (Election Day/Professional Learning Day)
Nov 13	CM PTA Meeting, 9:15-10:30am, Cafeteria
Nov 15-20	CM Bookfair, Cafeteria, Details to Follow
Nov 15-21	SHORTENED DAYS for Conferences, Dismissal at 11:55am
Nov 22-23	NO SCHOOL (Thanksgiving Recess)

Important Phone Numbers

Cider Mill Main Office: 203-762-3351

Report an Absence: 203-834-4950 or fallonk@wiltonps.org

Bus Transportation: 203-762-3381 Chartwells: 203-834-4990 x5221

From The PTA Presidents

Dear Parents, Guardians and Caregivers,

Happy Fall!

Walk-a-thon is nearly upon us, Thursday, October 4th. It is our largest fundraiser of the year and we cannot run all our programs without your donations. If you haven't donated yet please see all the information below, it's not too late!

Picture day was fabulous, a big thanks you to Crystal Fogarty for all the time she put in to help organize the volunteers. If you didn't pre-order pictures, there is still time to order now.

Our next PTA meeting is Tuesday October 9th at 9:15am. We really hope to see you there and hear your input, all are welcome.

Amanda Patania & Carolyn Lyon Cider Mill PTA Co-Presidents

School News

Cider Mill's Annual Walk-A-Thon ~ October 4th!

Mark your calendars! Cider Mill's Annual Walk-a-thon is on October 4th, and this year, we're adding a little color! By that we mean that this will be our first color walk. All children can participate in the Walk-a-thon and then there will be an optional 5th lap for children who'd like to walk through the color powder. Our aim is NOT to drench them in powder, but to brighten them up. If you didn't get the Walk-a-thon t-shirt, feel free to send in an old (preferably white or light color) t-shirt to join the fun. The powder is

washable, but would recommend not sending in favorite clothes, just in case. They will they be able to take off their shirts before getting on the bus as we are switching this to an after lunch event.

Our goal is to raise \$25,000 which directly supports our teachers, classrooms and students. It's all online this year, a quick form and click of the button, simple! The house with the most participation wins a night free of homework, a prize that works for kids and parents!

Click on the link to donate . Thanks so much for your support!

https://docs.google.com/forms/d/e/1FAIpQLSdMwSy9ZdePuvP5-bDxFacDANghxvhYoW5jlC6KK8YiWo4WDg/viewform?c=0&w=1

Any questions? Email Shannon MacDonald shannonwmacdonald@gmail.com.

PTA Committee Chairs Needed ~ We Need You!

The PTA is still in need of chairs for the important Committees listed below.

Nominating - Most of the work has been done for this school year. Easy position to complete from home.

Turnover Shop - They donate a huge amount of money to your school's PTA (last year \$45,000). The commitment is only 3 1/2 hours, once a month.

Please contact Amanda Patania, <u>amanda_patania@yahoo.com</u> or Carolyn Lyon, <u>carolynlyon@optonline.net</u> if interested in any of these positions.

How to Talk So Kids Will Listen And Listen So Kids Will Talk

Wilton Public Schools is again running a six-week workshop called "How to Talk So Kids Will Listen and Listen So Kids Will Talk." The program, developed by the authors of the book by the same name, uses lessons, role-play, and practice to help parents develop more effective skills for communicating with their children.

In this workshop, participants will learn how to:

- Engage your child's willing cooperation
- Deal with your child's negative feelings frustration, disappointment, anger
- Express your anger without being hurtful
- · Set firm limits and still maintain goodwill
- Use alternatives to punishment that promote self-discipline
- Encourage positive relationships between your children
- Resolve family conflicts peacefully

The "How to Talk So Kids Will Listen and Listen So Kids Will Talk" workshop is scheduled to run several times this year. The workshops are free and limited to Wilton parents.

To register Please call Wilton Youth Services at 203 834-6241 or email colleen.fawcett@wiltonct.org TIME & LOCATION: 10:00 -11:30 AM at Comstock Community Center

Dates still available for the 2018-2019 school year are as below:

Mondays: (parents of all ages) Oct 15, 22, 29, Nov 5, 12, 19 10:00 am to 11:30 am @Comstock Facilitated by: Kathy Weiss, Kim Zemo

Thursdays: (parents of all ages)

(new start date: Oct 4, 11, 18, 25, Nov 1, 8)

10:00 am to 11:30 am @ Comstock

Facilitated by: Nicole Mok, Bonnie Schnitzler

Spring evening parenting workshops will be offered.

Children Do Well When They Can: Identifying & Collaboratively Solving the Problems That Cause Challenging Behavior ~ October 8th

Mon., Oct. 8, 2018 at 5:00 – 7:00 p.m. at Wilton High School's Clune Center Admission is free; registration is recommended at RossGreeneWilton.eventbrite.com
Parent presentation by Ross W. Greene, Ph.D., Author of The Explosive Child; Lost at School; and Raising Human Beings

Children do well when they can; when they can't, it is because of lagging skills and unsolved problems. Whether a child responds by whining, sulking, or crying, or in ways that are more concerning - hitting, swearing, or biting - the goal of parents and caregivers is to identify and solve the underlying problems that cause the behavior. Join us to learn from child psychologist Ross W. Greene, Ph.D., how to understand children's challenging episodes, identify unsolved problems and begin to solve problems. Dr. Greene is the originator of the innovative, empirically-supported approach to children's behavioral challenges known as Collaborative & Proactive Solutions.

In the 2018-2019 school year, the Wilton Public Schools will be learning more about Dr. Greene's model. The district has worked with Dr. Greene to create a plan to help teachers, faculty, administration, staff, and parents learn how to help students with effective self-regulation and problem-solving strategies. This will begin with keynote addresses for elementary, middle and high school faculty on October 8, which is a professional development day for district staff. In addition to working with faculty, Dr. Greene will also present to parents and other concerned adults to share this model with our community.

Please contact Genevieve Eason at genevieve.Eason@gmail.com with questions. Sponsored by: Wilton Public Schools, SPED*NET Wilton, Wilton Youth Council, and Wilton Youth Services

GoZen!

GoZen!© is a skills-building program for anxiety-relief. It is based on a curriculum that focuses on what anxiety is, why it occurs, and how to cope with it. GoZen!© teaches everything from the science behind why we worry to specific techniques for overcoming anxiety and discovering ones strengths.

The program is open to students in grades 3-5. There are five sessions in the Program, meeting Thursdays from 2:30-3:30pm starting on October 11th. Registration is required: click here

Questions? Contact Colleen Fawcett at colleen.fawcett@wiltonct.org 203-834-6241.

The program will also be offered in February and May. GoZen!© is sponsored by Wilton Youth Services and Wilton Continuing Education.

Ongoing School News

Join the PTA ~ We Need Your Support!

Join the PTA and gain access to our Mobile Directory! Get instant access when you join – no waiting, easy updates to address or phone number changes throughout the year! Join here, and use the code - 'wilton' https://mobilearq.com/schooldirectory/school_directory_parent_register.html

Parents please update your profiles to include email and cell phone numbers! One easy spot to register for all your kids' PTAs and make a donation at the same time! Questions? Email our Directory Chair Jennifer Wulff jen@presto.org (Please add support@mobilearq.com to your address book to ensure delivery of the confirmation email with temporary auto-login link.)

Get Your CM Spiritwear

Spirit Wear (also known as House shirts) can be purchased at any time throughout the year on the Cider Mill PTA site: cidermillpta.org

Your order will be delivered to your student's class within two days.

Cider Mill School Store

We are looking for parent volunteers to work in the Cider Mill School Store! The School Store is open during lunch on Mondays, Wednesdays, and Fridays. If you're interested in helping out, please email CiderMillSchoolStore@gmail.com to get onto our email volunteer list and to find out how to sign up for shifts throughout the school year!

Find Us on Facebook!

The PTA has a group on Facebook called Cider Mill Parent Community. It is a place where the PTA can communicate to parents, and also where parents can communicate with one another. Please check it out by clicking here: <u>Cider Mill Parent Community</u>

Stop and Shop Rewards Program

CIDER MILL SCHOOL – (**ID#: 40341**) has the opportunity to participate and earn CASH from A+ School Rewards, a great fundraising program run through our local Stop & Shop!

To participate:

• Visit http://www.stopandshop.com/aplus and scroll down to the center of the page to select REGISTER YOUR CARD from the red box on the right marked FOR CUSTOMERS

To earn points:

- Use your registered Stop & Shop Card each time you shop at Stop & Shop, and you will earn CASH for our school. You can track the number of points you are earning for our school by checking your grocery receipt.
- At the end of each month, your points are calculated and converted to CASH rewards for our school. These CASH rewards are updated monthly on the Giant A+ website beginning in November.
- After the last day of the 2018 program, these same conversions are performed and the final school account total is posted.
- Our school will receive one CASH awards check at the end of the program and can use this cash for any of our educational needs.

Lost and Found ~ Bus Depot

Please visit http://wiltonslostproperty.blogspot.com/ to view lost property found on the school buses.

Lost and Found ~ Cider Mill

There are two L&F locations in Cider Mill. One is at the doorway where you go to the playground, on the high school side (Cannondale). The other is by the front door on the far side of the bus loop (Kent). You or your child can check these locations for lost items. At the end of each season, the unclaimed items are donated to the Turnover Shop with proceeds going to the Cider Mill PTA. Contact Amanda Mitchell with questions, at amandaNmitchell@gmail.com.

Box Tops

Collect box tops to help Cider Mill raise money! Be sure to collect your box tops and submit them to your class teacher. Visit http://www.boxtops4education.com/ to learn more about the program. Contact Box Top Chair, Heather Mroz at heathermm@optonline.net if you have any questions.

Community News

WYC's Class Project 2023 ~ Islide Fundraiser

WYC's Class Project 2023 is very excited to announce that we have worked closely with ISlides to create three custom pairs of high quality slides designed exclusively for WILTON! Not only can you choose from one of the three designs, you can personalize your slides too - add a last name, a team name, a number - to customize them and make them uniquely your own. \$45 a pair.

Please note that these are only available for order from our online store until September 30th.

There will be samples on display at the Wilton Sport Shop, Open House as well as Signature Style.

To place your order please visit our 2023 Online Store by visiting https://warriorclass2023.wixsite.com/ mysite/store.

Wilton Little League ~ Challenger Division Team

Wilton Little League is excited to announce the formation of a Challenger Division Little League team. For those who are not aware, the Challenger Division is designed for player's with physical and intellectual challenges.

Any boy or girl (ages 5 to 18) with a physical or intellectual challenge may participate. Do you know someone who might enjoy a few Saturday afternoons of playing baseball? We would love to have them. Registration can be completed here http://assn.la/Reg/?r=4:142290.

Wilton Youth Council (WYC)

WYC promotes and protects the social, emotional and mental well-being of Wilton's students by educating and empowering youth, parents and the community. Find us on FB or visit <u>wiltonyouth.org</u> for more information and to sign up for our monthly newsletter.

Click <u>here</u> for an overview of this year's events!

Looking to Get Involved?

Wilton Youth Council needs you! We have many programs running and this is a great time to get involved! Questions? Email Vanessa Elias at eliasvanessa5@gmail.com. Interested in volunteering? Email Courtney Boucher at courtney.v.boucher@gmail.com.

NAMI - CAN

School is back in session and for many children, so is the academic and social stress that can cause behavioral changes. The National Alliance on Mental Illness (NAMI) Child and Adolescent Network

(CAN) is a Support Group for parents of children with behavioral, emotional and mental health issues. The meeting is free, confidential, safe and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a place to speak freely and be understood without embarrassment or the fear of being judged or treated differently. Parents come from Redding, Weston, Westport, Wilton and towns in the surrounding area.

Our next meetings is Monday October 22nd, from 10-11:30, G&B Cultural Center, 49 New Street, Wilton. Information: Beth at 203-984-0123 or beth44es@gmail.com OR Vanessa at 203 970-4130 or eliasvanessa5@gmail.com

Submit News to Hot Cider

Co-Editors -

Clarissa Cannavino at clarissacannavino@yahoo.com
Ritu Malik at <a href="mailto:cmmonths:

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Content may be edited at the discretion of editors. In an effort to keep Hot Cider timely and concise, your article may be published only twice.